



# WHY INJURY PREVENTION MATTERS

- Unintentional injury leads to more death and disability for children ages 1-19 years in the United States than any other cause.
  - 40% of all deaths in this age group are due to injury. **That's one child every hour.**
- By applying what we know about disease prevention to child injury, we can keep more children safe and healthy.
- Injury is the top cause of medical spending for children—about \$87 billion every year.
  - There are fewer resources and a smaller amount of funding for injury research and prevention than for other, less common causes of death.

## Predictable

Injuries are not random. Research shows us how and when injuries happen and who is at risk.

## Preventable

Because injuries are predictable, we can keep children safe by making changes to

- our behavior
- our surroundings
- product design
- laws and policies

## Personal

We don't have to wait for a new drug or medical device to prevent injuries. Each of us has the power to reduce the risk of injury to a child today.

To learn more about child injury prevention, visit Protect the Ones You Love at [www.cdc.gov/safechild](http://www.cdc.gov/safechild).

